

Läkemedel utarmar kroppen på näring

Referenser till 2000-Talets Vetenskap nr 1/2021.

Referenser

1. Centers for Disease Control and Statistics. Health United States 2006.
<https://tinyurl.com/y4l8ox47>
2. The ALLHAT Officers and Coordinators for the ALLHAT Collaborative Research Group. JAMA 2002; 288:2998-3007.
3. Clayton JA, Rodgers S, Blakey J. Thiazide diuretic prescription and electrolyte abnormalities in primary care. Br J Clin Pharmacol 2006 Jan; 61:87-95.
4. Pak CY. Correction of thiazide-induced hypomagnesemia by potassium-magnesium citrate from review of prior trials. Clin Nephrol 2000; 54:271-275.
5. Khedun SM, Naicker T, Maharaj B. Zinc, hydrochlorothiazide and sexual dysfunction. Cent Afr J Med 1995; 41:312-315.
6. Zenuk C, Healey J, Donnelly J, et al. Thiamine deficiency in congestive heart failure patients receiving long term furosemide therapy. Can J Clin Pharmacol 2003; 10:184-188.
7. Kishi T, Watanabe T, Folkers K. Bioenergetics in clinical medicine XV: Inhibition of coenzyme Q10-enzymes by clinically used adrenergic blockers of beta-receptors. Res Commun Chem Pathol Pharmacol 1977; 17:157-164.
8. Stoschitzky K, Sakotnik A, Lercher P et al. Influence of Beta-blockers on Melatonin Release. Eur J Clin Pharmacol. Apr1999;55(2): 111-15.
9. Langsjoen PH, Langsjoen AM. The clinical use of HMG CoA-reductase inhibitors and the associated depletion of coenzyme Q10: A review of animal and human publications. Biofactors 2003;18(1-4):101-111.
10. Crane FL. Biochemical functions of coenzyme Q10. J Am Coll Nutr 2001; 20:591-598.
11. Folkers K, Langsjoen P, Willis R, et al. Lovastatin decreases coenzyme Q levels in humans. Proc Natl Acad Sci U S A 1990; 87:8931-8934.
12. Valuck RJ, Ruscini JM. A case-control study on adverse effects: H2 blocker or proton pump inhibitor use and risk of vitamin B12 deficiency in older adults. J Clin Epidemiol 2004; 57:422-428.
13. Russell RM, Golner BB, Krasinski SD. Effect of antacid and H2 receptor antagonists on the intestinal absorption of folic acid. J Lab Clin Med 1988; 112:458-463.
14. Sturniolo GC, Montino MC, Rossetto L, et al. Inhibition of gastric acid secretion reduces zinc absorption in man. J Am Coll Nutr 1991; 10:372-375.
15. Yang, YX, Lewis JD, Epstein S, Metz DC. Long-term proton pump inhibitor therapy and risk of hip fracture. JAMA 296 (24): 2947-53.
16. Zhao-Wei Ting R, C Chun Szeto, M Ho-Ming Chan, et al. "Risk factors of vitamin B12 deficiency in patients receiving metformin." Archives of Internal Medicine Oct 9, 2006: 1975-1979.
17. Wulffele MG, Kooy A, Lehert P, et al. Effects of short-term treatment with metformin on serum concentrations of homocysteine, folate and vitamin B12 in type 2 diabetes mellitus: A randomized, placebo-controlled trial. J Intern Med 2003; 254:455-463.
18. Bottiglieri T. "Folate, vitamin B12 and neuropsychiatric disorders." Nutrition Review Dec 1996; 54(12): 382-390.
19. Bottiglieri T, M Laundry, R Crellin, et al. "Homocysteine, folate, methylation, and monoamine metabolism in depression." Journal of Neurology, Neurosurgery & Psychiatry Mar 2001; 70(3): 419.
20. Landau D, Kher KK. Gentamicin-induced Bartter-like syndrome. Pediatr Nephrol 1997; 11:737-740.

21. Elliott C, Newman N, Madan A. Gentamicin effects on urinary electrolyte excretion in healthy subjects. *Clin Pharmacol Ther* 2000;67: 16-21.
22. Bally M, Dendukuri N, Rich B, Nadeau L, Helin-Salmivaara A, Garbe E, Brophy JM. Risk of acute myocardial infarction with NSAIDs in real world use: bayesian meta-analysis of individual patient data. *BMJ*. 2017 May 9;357: j1909. doi: 10.1136/bmj.j1909. PMID: 8487435; PMCID: PMC5423546.
23. Emmert Roberts med flera. Paracetamol: not as safe as we thought? A systematic literature review of observational studies. *Annals of Rheumatological Disease* 2015; 0: 1–8. DOI: 10.1136/annrheumdis-2014-206914.
24. Harwood HJ Jr, Greene YJ, Stacpoole PW. Inhibition of human leukocyte 3-hydroxy-3-methylglutaryl coenzyme A reductase activity by ascorbic acid. An effect mediated by the free radical monodehydroascorbate. *J Biol Chem*. 1986 Jun 5;261(16):7127-35. PMID: 3711081.
25. Ivanov V, Ivanova S, Kalinovskiy T, Niedzwiecki A, Rath M. Inhibition of collagen synthesis by select calcium and sodium channel blockers can be mitigated by ascorbic acid and ascorbyl palmitate. *Am J Cardiovasc Dis*. 2016.
26. May 18;6(2):26-35. PMID: 27335688; PMCID: PMC4913212.
27. Jansen, K. M., Bell, J. S., Hilmer, S. N., Kirkpatrick, C. M. J., Ilomaki, J., Le Couteur, D., Blyth, F. M., Handelsman, D. J., Waite, L., Naganathan, V., Cumming, R. G., & Gnjdjic, D. (2016). Effects of Changes in Number of Medications and Drug Burden Index Exposure on Transitions between Frailty States and Death: The Concord Health and Ageing in Men Project Cohort Study. *Journal of the American Geriatrics Society*, 64(1), 89-95. <https://doi.org/10.1111/jgs.13877>
28. Vadim Ivanov, Svetlana Ivanova, Aleksandra Niedzwiecki, Matthias Rath: Vitamin C inhibits the calcification process in human vascular smooth muscle cells. *Am J Cardiovasc Dis* 2020;10(2):108-116.
29. Och visst, statinbehandling minskar risken för både hjärtinfarkt och stroke, men nyttan är minimal. <https://tinyurl.com/yymczrrp> (2020-10-27).
30. Dr. Rath Foundation. <https://tinyurl.com/yxg8tx69> (2020-10-13).
31. Dr. Rath Foundation. <https://tinyurl.com/y6rdd7oa> (2020-10-13).
32. Hyla Cass, MD. <https://cassmd.com/> (2020-10-13)
33. Allt fler äldre får många olika läkemedel. <https://tinyurl.com/y3svk783> (2020-10-13).
34. Många dör i onödan av vårdsador. <https://tinyurl.com/y6o26ts5> (2020-10-18)
35. Äldre och läkemedel. <https://tinyurl.com/y3no2rba> (2020-10-13).